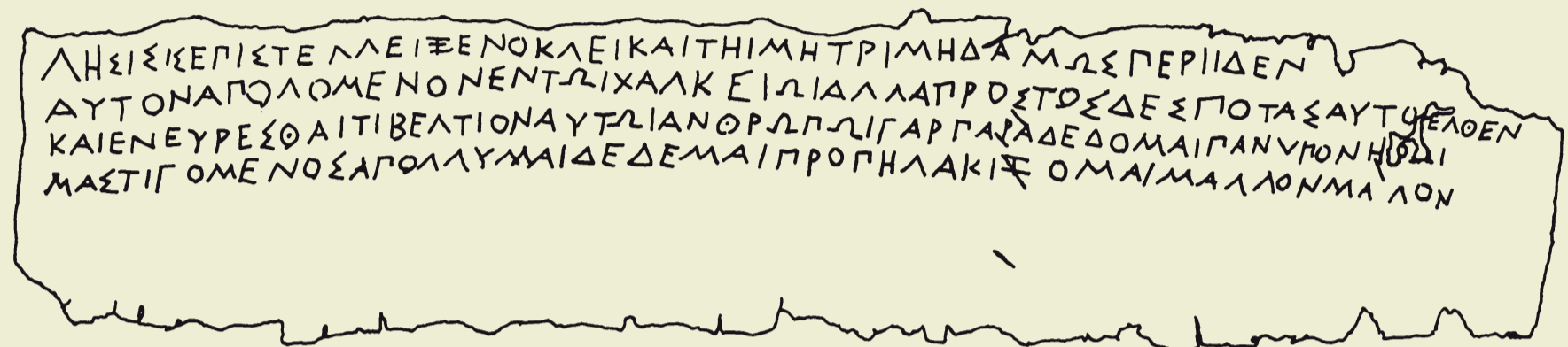




# Self(less)-Care: Ancient and Contemporary Care Ethics from a Labor Perspective

International Conference Pardubice, Czechia

May 15th—16th, 2026



## Friday 15th May

9:30 **Breakfast**

10:00 **Opening Remarks**

**Laura Candiotta and Jorge Arjona**  
(University of Pardubice): *Loving is Caring:  
Towards a Platonic Care Ethics*

10:30 **Keynote**

(Chair: Jorge Arjona)

**Stella Sandford (Manchester Metropolitan  
University):** *(Self-)birth and the Care of the Self:  
Foucault with Locke*

12:00 **Lunch**

13:00—15:00 **First Session: *Epimeleia heautou* on Trial**  
(Chair: Hardy Mirza)

13:00 **Anna Pavani (University of Cologne):**  
*Selfless cura sui? A Critical (Re)reading  
of Socrates' epimeleia in Plato's Apology*

14:00 **Kristina Grubor (University of Zadar):**  
*Plato and the Philosopher Who Cares*

15:00 **Break**

15:30—17:30 **Second Session: *(Re)producing Self-Care***  
(Chair: Lisa Hall)

15:30 **Jeanne Pang (London School of  
Economics; University of Vienna):**  
*The Gendered Division of Labour and the  
Fostering of Self(less)-Care*

16:30 **Dan Swain (Czech University of  
Life Sciences):** *Care, Social Reproduction  
and Life-Making against Capital*

## Saturday 16th May

9:30 **Breakfast**

10:00—12:00 **Third Session: *Performing Self-Care***  
(Chair: Julita Skotarska)

10:00 **Daniel Kamp (Eötvös Loránd University):**  
*The Unfinished Self in the Carnival of Care:  
Polyphony, Performance, and the Ethics of  
the Internal Other*

11:00 **Yassine El Bakri (University of  
Pardubice):** *Tragic-Care as the  
Limit-Experience of Self(less)-Care*

12:00 **Lunch**

13:00—15:00 **Fourth Session: *Politicizing Self-Care***  
(Chair: Rebin Ameen)

13:00 **Marion Pollaert (Collège international  
de philosophie):** *Selfless Care as Platonic  
Contemplation: Dotson's Cave Allegory and  
the Politics of Knowledge*

14:00 **Başak İnce (Bilkent University):**  
*Too Ethical to Care for Oneself:  
Care Labor, Ethical Overexposure,  
and Self-Care's Paradox*

15:00 **Closing Remarks**

**Laura Candiotta and Jorge Arjona**  
(University of Pardubice)

15:15 **Afternoon Tea**

15:40 **Walking Tour: Pardubice Old Town and Castle**

